



Aktualūs jaunimo tabako ir alkoholio vartojimo rizikos veiksniai

doc. dr. A. Veryga

LSMU MA VSF Sveikatos tyrimų institutas

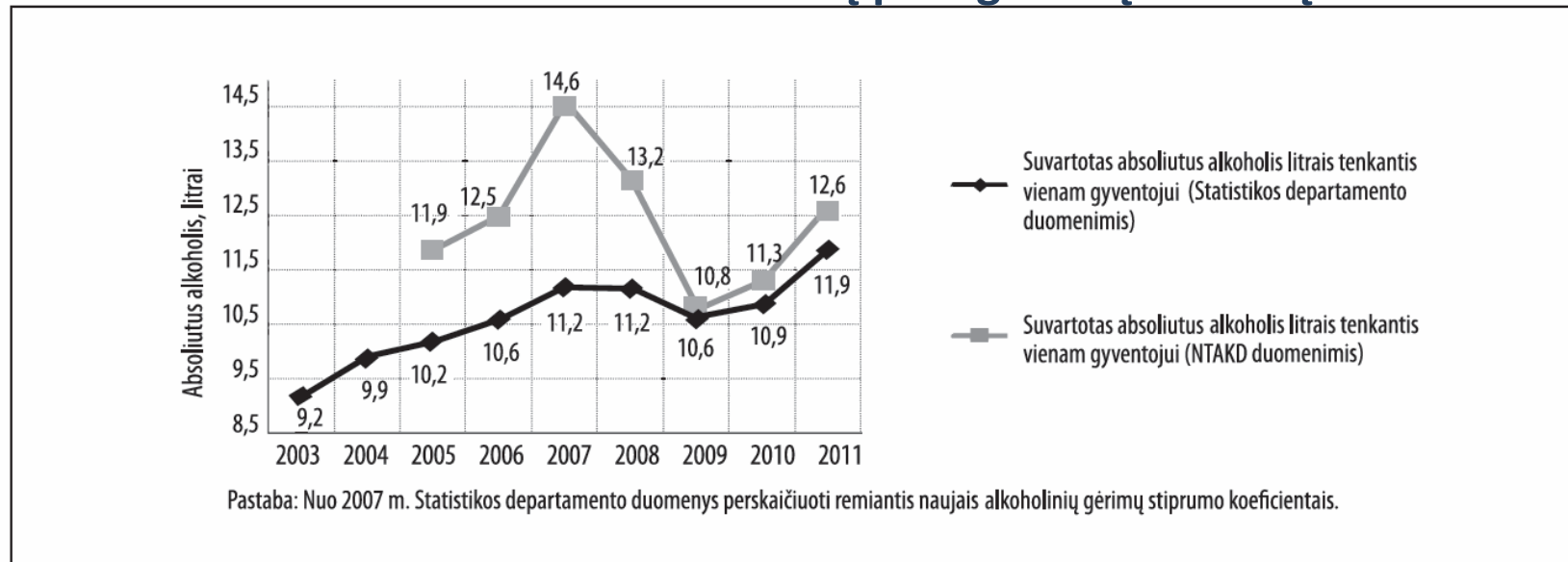
PSO bendradarbiaujantis centras



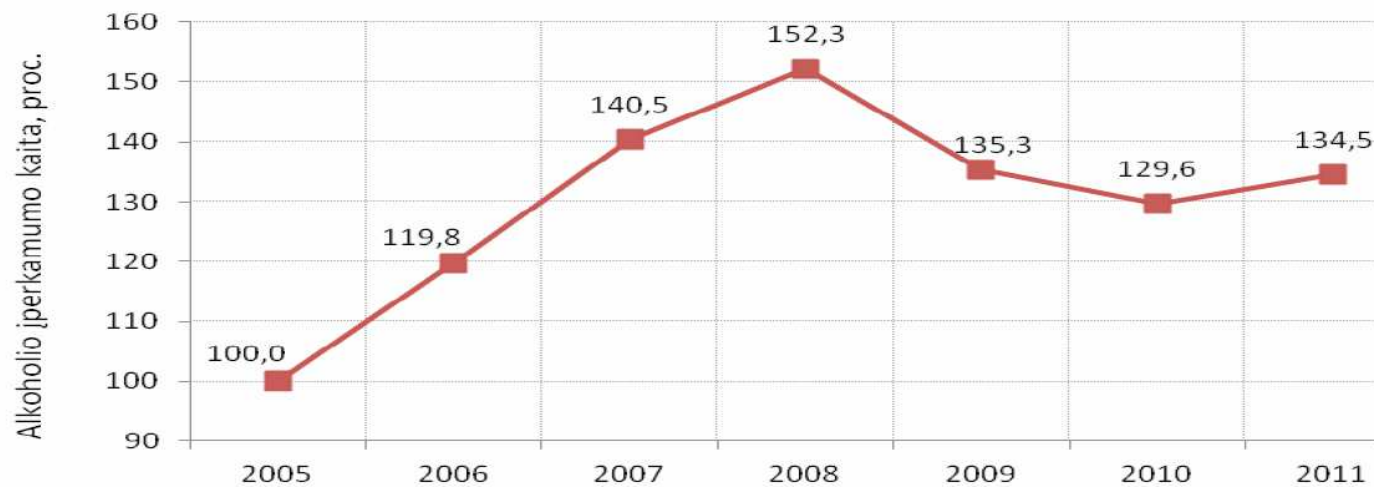
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Ar išmokom pamokas?

Tikrai rūpinamės vaikai ar jų sąskaita nuo odekolono gelbėjam kelis tūkstančius asocialių prasigėrusių asmenų?



20 pav. Absoliutaus alkoholio suvartojimas 2003-2010 m. tenkantis vienam Lietuvos gyventojui, litrais.
(Šaltinis: Statistikos departamentas ir NTAKD)



22 pav. Alkoholio įperkamo kaita Lietuvoje, 2005 metai = 100 proc.



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Vis dar dedam viltis į šeimą?



Table 1: Mother smoking relationship to son smoking attempts

Variables and Their Categories	Sons (never tried smoking)	Sons (tried smoking)	Total	Statistical Accounts	
				OR	95 % CI
Non-smoking Mothers	105 80.2%	26 19.8%	131 100%	1	-
Smoking Mothers	21 61.8%	13 38.2%	34 100%	2.50*	1,11 – 5,64
Total	126 76.4%	39 23.6%	165 100%	$\chi^2 = 5.06$; df = 1; p = 0.025	

* OR is significantly (p < 0.05) greater than 1

Garmienė A. ir kt., LSMU, 2006

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1665457/pdf/1471-2458-6-287.pdf>



Table 2: Mother and father alcohol furnished party frequenting relationship to children alcohol use attempts

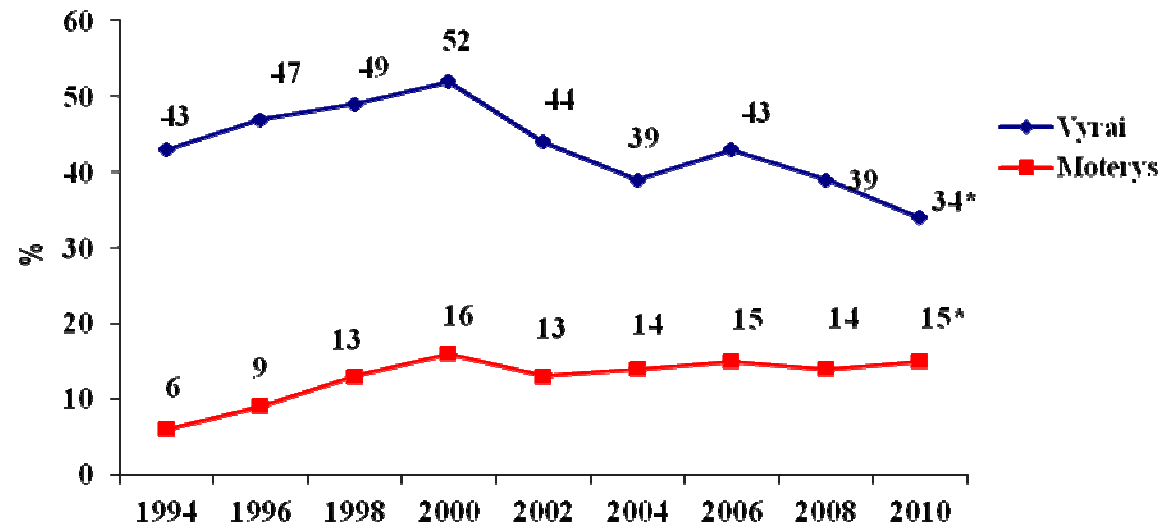
Variables and Their Categories	Children (never tried alcohol)	Children (tried alcohol)	Total	Statistical Account	
				OR	95% CI
<u>Boys:</u>					
Mothers seldom participating in parties	33 75.0%	11 25.0%	44 100%	1	-
Mothers participating in parties once a month	52 57.8%	38 42.2%	90 100%	2.19	0.99 – 4.88
Mothers participating in parties at least once a week	14 48.3%	15 51.7%	29 100%	3.21*	1.19 – 8.72
Total	99 60.7%	64 39.3%	163 100%	$\chi^2 = 5.97$; df = 2; p = 0.049	
Fathers seldom participating in parties	14 93.3%	1 6.7%	15 100%	1	-
Fathers participating in parties once a month	32 59.3%	22 40.7%	54 100%	9.62*	1.18 – 78.5
Fathers participating in parties at least once a week	29 53.7%	25 46.3%	54 100%	12.06*	1.48 – 98.3
Total	75 61.0%	48 39.0%	123 100%	$\chi^2 = 7.87$; df = 2; p = 0.020	
<u>Girls:</u>					
Mothers seldom participating in parties	17 60.7%	11 39.3%	28 100%	1	-
Mothers participating in parties once a month	69 75.8%	22 24.2%	91 100%	0.49	0.20 – 1.21
Mothers participating in parties at least once a week	7 58.3%	5 41.7%	12 100%	1.10	0.28 – 4.37
Total	93 71.0%	38 29.0%	131 100%	$\chi^2 = 3.40$; df = 2; p = 0.183	
Fathers seldom participating in parties	13 76.5%	4 23.5%	17 100%	1	-
Fathers participating in parties once a month	41 68.3%	19 31.3%	60 100%	1.51	0.43 – 5.23
Fathers participating in parties at least once a week	14 70.0%	6 30.0%	20 100%	1.39	0.32 – 6.08
Total	68 70.1%	29 29.9%	97 100%	$\chi^2 = 0.42$; df = 2; p = 0.811	

* OR is significantly (p < 0.05) greater than 1

Garmienė A. ir kt., LSMU, 2006

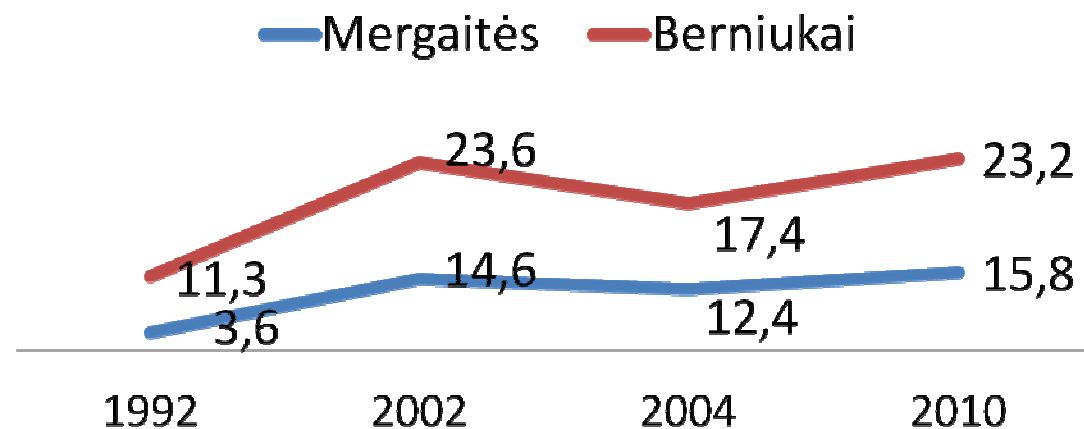
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1665457/pdf/1471-2458-6-287.pdf>

Reguliaraus rūkymo paplitimas tarp 20 – 64 m. amžiaus Lietuvos gyventojų 1994 – 2010 m.



Prof. J. Klumbienė, LSMU, FINBALT HEALTH MONITOR

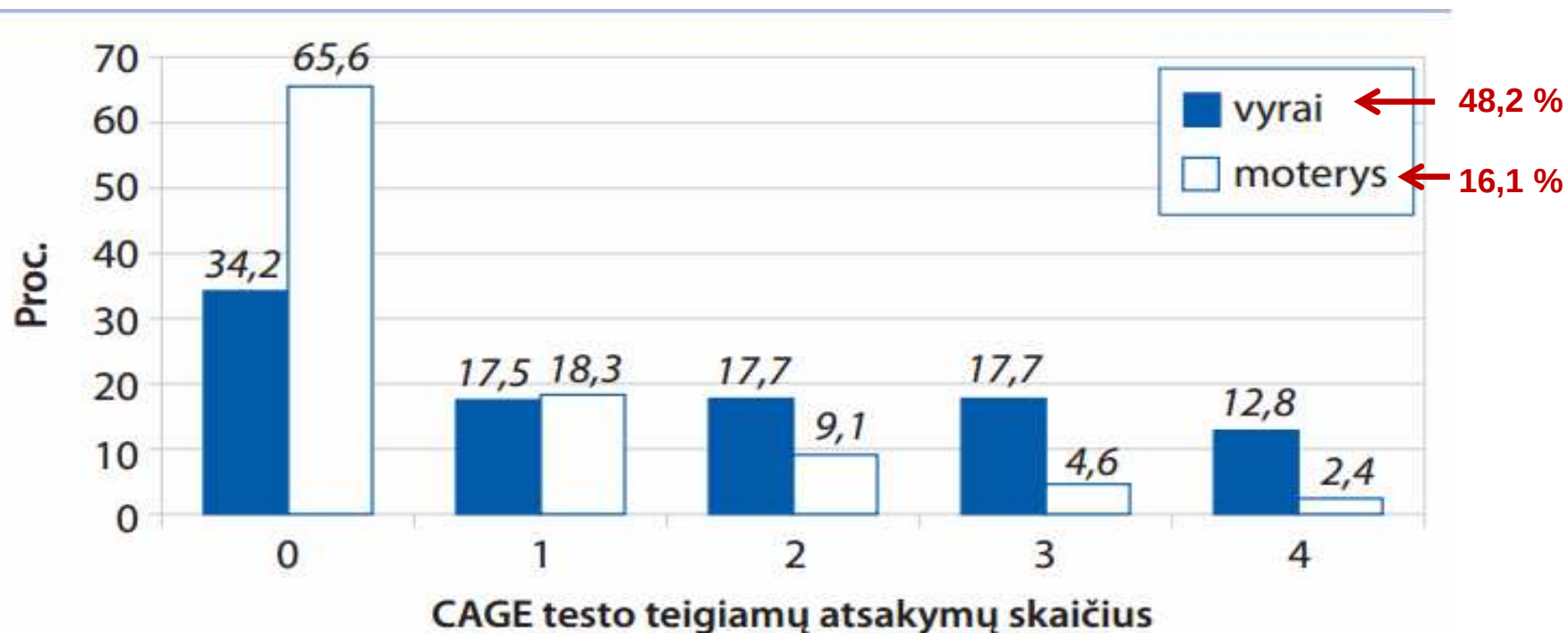
Rūkančių 11-15 m. amžiaus mokinių dalis (proc.) Lietuvoje 1992 – 2010 m.



A. Zaborskis, LSMU, HBSC, 2010



Probleminis alkoholinių gėrimų vartojimas Lietuvoje (20-64 m. gyventojų) CAGE testo duomenys (2008 m.)



$\chi^2=226,3$ II=4, $p<0,001$ lyginant vyrus ir moteris.

1 pav.

Vyrų ir moterų skirstymas atsižvelgiant į CAGE testo duomenis



Kiek **metų** reikia, kad būtų priimta nuostata, kad nepilnamečiams draudžiama ne tik parduoti, bet ir turėti bei vartoti tabako gaminius?





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Pasaulis jau kalba apie
alkoholinių gėrimų žymėjimą,
mes daugiau kaip 8 metai
nesugebame įvesti tabako
gaminių žymėjimo.



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Public-health advocates pushing for graphic, cigarette-style health warnings on wine, beer and liquor containers

TOM BLACKWELL | 08/12/13 | Last Updated: 08/12/13 7:08 PM ET
More from Tom Blackwell | @tomblackwellINP

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Alcohol health warning labels from a presentation from EuroCare, the European Alcohol Policy Alliance. European Alcohol Policy Alliance

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For millions of Canadians, alcohol in its various forms is one of life's great pleasures, its appeal often enhanced by artful packaging.

It is also, according to the World Health Organization, the second biggest source of death and disease, causing accidents, violence, chronic illness, birth defects and terminal cancers.

Those alcohol labels tend to dwell on the enjoyment, while ignoring the pain, but public-health advocates in Canada and elsewhere are pushing to change that, calling for graphic, cigarette-style health warnings on wine, beer and liquor



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Per kur **šiandien** tabako reklama
pasiekia vaikus?

Ar sutvarkytas filmų **žymėjimas**?







Study: PG-13 Films Combine as Much Violence, Sex and Alcohol as R-Rated Titles

9:01 PM PST 12/8/2013 by Paul Bond



100



175



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"Skyfall"

UPDATED: Researchers find little difference between PG-13 and R-rated films when it comes to risky behavior. "Our findings raise serious concerns about the effectiveness of the MPAA rating system," they conclude. The MPAA disagrees.

Violence in movies is often coupled with sex, alcohol and use of tobacco, according to a study out Monday.

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Turėjom (turim?) progą...



Combining Alcohol With Energy Drinks Can Lead to Heavier Drinking

Released: 12/3/2013 2:00 PM EST

Source Newsroom: [Health Behavior News Service](#)

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Contact Information

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Citations

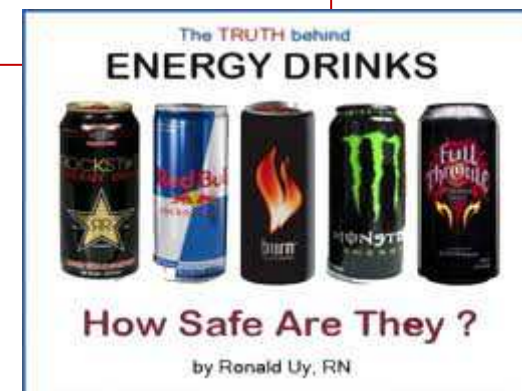
Journal of Adolescent Health

Release Date: December 3, 2013 | By Sharyn Alden,

HBNS Contributing Writer

Research Source: *Journal of Adolescent Health*

Young people who **mix alcohol with a caffeinated energy drink** drank more heavily and reported **more negative consequences** of drinking than those who just drank alcohol.





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Elektroninės cigaretės



Būdas **mesti** rūkyti?
Būdas **pradėti**?



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Ačiū už dėmesį